

# SWINDON TAEKWONDO SCHOOL

April, 2011

## 10<sup>th</sup> Kup Theory Test

<b>1</b>	Who was the Founder of Taekwon-Do?	
<b>2</b>	What is walking stance in Korean, and describe how long and how wide should it be?	
<b>3</b>	What is the Korean word for your training suit?	
<b>4</b>	Name the five tenets of Taekwon-Do.	
<b>5</b>	What is middle punch in Korean?	
<b>6</b>	What does the name Taekwon-Do mean?	
<b>7</b>	What does the colour white represent in Taekwon-Do?	
<b>8</b>	What is middle block called in Korean?	
<b>9</b>	Explain in your own words what courtesy is.	
<b>10</b>	What does the colour yellow represent in Taekwon-Do?	