

# SWINDON TAEKWONDO SCHOOL

April, 2011

## 1<sup>st</sup> Kup Theory Test

<b>1</b>	Please give the full meaning of the pattern Choong-Moo. (Attach and separate sheet if necessary)	
<b>2</b>	What is 360 degree spinning in Korean?	
<b>3</b>	What is flying in Korean?	
<b>4</b>	What is X-knifehand checking block in Korean and what is it used for?	
<b>5</b>	What is move number 2 in Choong-Moo Tul used for?	
<b>6</b>	What are the move numbers for the Ki-Haps in pattern Choong-Moo?	
<b>7</b>	Are there any of the following combinations evident in Choong-Moo Tul and if so which? Fast, Slow, Continuous, Consecutive or Connecting.	
<b>8</b>	What is flying side piercing kick in Korean?	
<b>9</b>	What is the basis of the pattern Choong-Moo?	
<b>10</b>	What is the meaning of the colour black?	