

2nd Dan Grading Requirements

Syllabus – For promotion to 3rd DAN (Black)	
1. Patterns – Eui-Am Choong-Jang Ko-Dang	
2. Sparring – Free Sparring, 2v1 Sparring & Foot Sparring & Self Defence	
3. Destruction – Jumping Reverse Turning Kick & Free Choice Of Hand Technique Measuring and breaking, utilising relevant part of foot Practice & prepare for all previously performed foot & hand techniques	
4. Terminology	
NOTE: Revise all previous (physical & terminology)	

Terminology									
1	<p>Eui-Am – 45 Movements (Ready Posture = <i>MOA JUNBI SOGI D</i>)</p> <p>EUI- AM is the pseudonym of Son Byong Hi, leader of the Korean independence movement on March 1, 1919. The 45 movements refer to his age when he changed the name of Dong Hak (Oriental culture) to Chondo Kyo (Heavenly way religion) in 1905. The diagram represents his Indomitable Spirit, displayed while dedicating himself to the prosperity of his nation.</p> <p>Choong-Jang – 52 Movements (Ready Posture = <i>MOA JUNBI SOGI A</i>)</p> <p>CHOONG-JANG is the pseudonym given to General Kim Duk Ryang who lived during the Lee Dynasty, 14th century. This pattern ends with a left-hand attack to symbolize the tragedy of his death at 27 in prison before he was able to reach full maturity.</p> <p>Ko-Dang – 45 Movements (Ready Posture = <i>NARANI SO SANG YOP PALKUP</i>)</p> <p>KO-DANG is the pseudonym of the patriot Cho Man-Sik, who devoted his life to the Korean Independence Movement and to the education of the Korean people. The 45 movements of the pattern signify the last two digits of 1945, the year Korea was liberated from Japanese occupation.</p>								
2	<p>GENERAL TERMINOLOGY</p> <table style="width: 100%; border: none;"> <tr> <td style="padding-right: 20px;">OPEN FIST</td> <td><i>PYON JOOMOK</i></td> </tr> <tr> <td>PICK SHAPE</td> <td><i>GOK GAENG</i></td> </tr> <tr> <td>SLIDING</td> <td><i>MIKULGI</i></td> </tr> <tr> <td>CROSS CUT</td> <td><i>GUTGI</i></td> </tr> </table>	OPEN FIST	<i>PYON JOOMOK</i>	PICK SHAPE	<i>GOK GAENG</i>	SLIDING	<i>MIKULGI</i>	CROSS CUT	<i>GUTGI</i>
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COURTESY - INTEGRITY - PERSEVERANCE - SELF-CONTROL - INDOMITABLE SPIRIT

5	<p>NEW MOVEMENTS IN JUCHE</p> <p>BACKWARD DOUBLE STEP SLIDING OUTWARD HOOKING KICK FLAT FINGERTIP OUTWARD CROSS CUT HIGH ELBOW STRIKE KNIFE HAND MID AIR STRIKE PICK SHAPE KICK ARC HAND CRESCENT STRIKE STRAIGHT ELBOW DOWNWARD THRUST DODGING REVERSE HOOKING KICK FLYING TWO DIRECTION KICK TWIN PALM RISING BLOCK BENDING READY STANCE B BACK FIST HORIZONTAL STRIKE FLYING CONSECUTIVE PUNCH</p> <p><i>DWIRO IBO OMGYO DIDIMYO MIKULGI BAKURO GOLCHO CHAGI OPUN SONKUT BAKURO GUTGI NOPUN PALKUP TAERIGI SONKAL TWIO DOLMYO TAERIGI GOKGAENG I CHAGI BANDALSON BANDAL TAERIGI SUN PALKUP NAERYO TULGI PIHAMYO BANDAE GOLCHO CHAGI TWIMYO SANGBANG CHAGI SANG SONBADAK CHOOKYO MAKGI GOBURYO JUNBI SOGI B DUN JOOMOK SOOPYONG TAERIGI TWIMYO YONSOK JIRUGI</i></p>
6	<p>DESCRIBE AND DEMONSTRATE ALL OF THE MOVEMENTS IN ALL PATTERNS LEARNT TO CURRENT GRADE</p>
7	<p>REVISE ALL PREVIOUS TERMINOLOGY FOR DESTUCTION AND PARTS OF USE</p>
8	<p>ESSAY QUESTION:</p> <p>Define and explain in your own words the meaning of Indomitable Spirit (not just copied from the book/sheets!). If you wish, include how this differs from Perseverance.</p>