

SWINDON TAEKWONDO SCHOOL

April, 2011

2nd Kup Theory Test

1	Please give the full meaning of the pattern Hwa-Rang. (Attach and separate sheet if necessary)	
2	What is palm pushing block in Korean and what stance do you perform it in?	
3	What is sliding in Korean?	
4	What is vertical stance in Korean and describe its weight distribution and measurements?	
5	Name as many techniques using palm, as you can, in English and Korean.	
6	Give the English and Korean for movement number 18 in Hwa-Rang Tul.	
7	Name the different punches in Hwa-Rang Tul, in English and Korean.	
8	Give the movement numbers for the Ki-Haps in Hwa-Rang Tul?	
9	What is the Korean for Knifehand downward strike?	
10	What is the meaning of the colour black?	