

SWINDON TAEKWONDO SCHOOL

April, 2011

3rd Kup Theory Test

1	Please give the full meaning of the pattern Toi-Gye. (Attach and separate sheet if necessary)	
2	What is W shape block in Korean and what stance do you perform it in?	
3	What is jumping in Korean?	
4	What is X stance in Korean and what is its possible uses?	
5	Name as many elbow attacks as you can in English and Korean.	
6	Give the English and Korean for movement number two in Toi-Gye Tul.	
7	Name Toi-Gye Tul's moves seven and eight in English and Korean and explain what is significant about them?	
8	Give the Korean for double side elbow thrust and what movement number this is in Toi-Gye Tul?	
9	What is the Korean for knee kick?	
10	What is the meaning of the colour red?	