

SWINDON TAEKWONDO SCHOOL

April, 2011

5th Kup Theory Test

1	Please give the full meaning of the pattern Yul-Gok.	
2	What is the meaning of the colour blue on your belt?	
3	Name the new stance in Yul-Gok in English and Korean.	
4	Give the Korean for palm hooking block and give a possible use for it.	
5	Name turning kick in Korean and its foot part of use.	
6	Give the Korean for the following: palm, elbow, fingertip and fist.	
7	What is Twin Knife-hand block in Korean?	
8	Give the Korean for front elbow strike.	
9	Explain what is significant about moves 13 and 14 in Yul-Gok Tul.	
10	Explain what is significant about moves 16 and 17 in Yul-Gok Tul.	