

SWINDON TAEKWONDO SCHOOL

April, 2011

6th Kup Theory Test

1	Please give the full meaning of the pattern Won-Hyo.	
2	What is the ready posture of the pattern Won-Hyo in English and Korean?	
3	Name all the stances in Won-Hyo in English and Korean.	
4	What is side punch in Korean?	
5	What is inner forearm circular block in Korean?	
6	What is back piercing kick in Korean?	
7	What is the foot part of use for back piercing kick?	
8	Describe closed ready stance A.	
9	How many movements are in each of the following: Chon-Ji, Dan-Gun, Do-San and Won-Hyo?	
10	What is the Korean for inward knife-hand strike?	